

TIMING IS EVERYTHING!

Interactive Metronome® (IM) is the only training program that improves timing in the brain in an organized, systematic, flexible and engaging format. Research shows that combining movement and cognitive tasks leads to better overall outcomes. IM is a patented and unique training tool that challenges thinking and movement simultaneously, providing real-time millisecond feedback to help synchronize the body's internal clock.

As your child adjusts his performance to the reference tone and guide sounds, his functional brain networks are beginning to communicate in a more efficient, rhythmic pattern. This, in turn, allows your child to reach his full potential academically, socially and athletically in only minutes a day, a few days a week. Incorporate IM into your child's training plan today and see improvement in:



877-994-6776

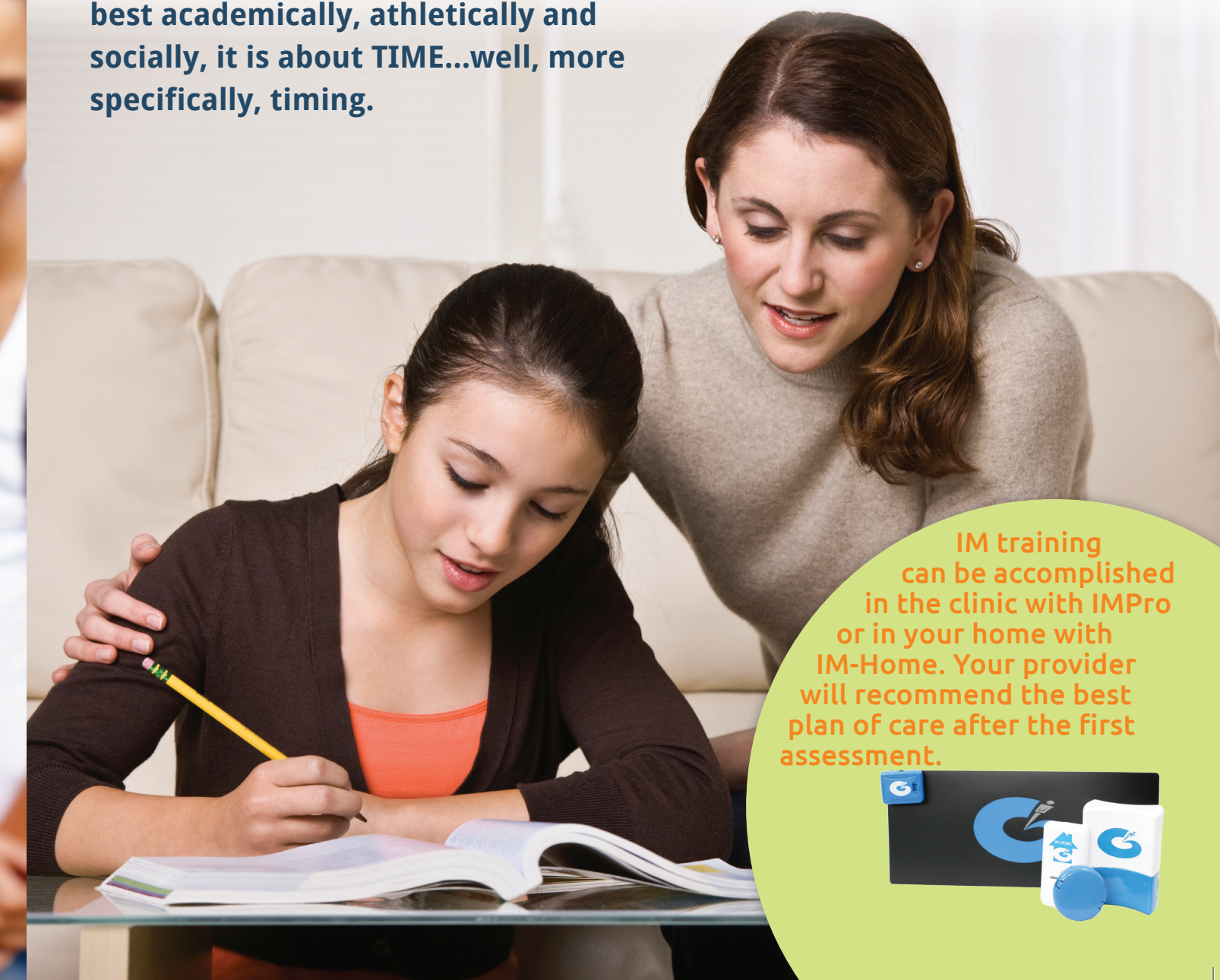
www.InteractiveMetronome.com



feeling out of SYNC?

Interactive Metronome® is a
research-backed tool proven to help!

We know that like any parent, you want the best for your child. No matter how big he gets, he'll always be your baby. But lately, he can't seem to focus and you are worried he might fall behind in school. He's smart, there is no question about it, but you know he can do better. He is even scoring fewer goals for the soccer team and he seems to spill as much juice as he gets in his mouth. Of course he has to grow into his body, but it is like he just isn't paying attention sometimes. You just don't want him to lose his confidence during these formative years. If you are looking for a scientifically proven way to help your child be their best academically, athletically and socially, it is about TIME...well, more specifically, timing.



IM training can be accomplished in the clinic with IMPro or in your home with IM-Home. Your provider will recommend the best plan of care after the first assessment.



Interactive Metronome® is a unique system that progresses through four phases. Each phase has specific goals and exercises, advancing from easiest (hands only) to most challenging (full body).

PHASE 1

The goal is to make sure your child understands the reference tones and program requirements.

PHASE 2

As your child improves, they will begin to adjust their performance to guide sounds, which provide millisecond timing feedback to facilitate improvement in cognitive, communicative and motor skills.

PHASE 3

Your child's goal is to achieve the best possible timing and rhythm with their hand movements only in order to improve focus, cognitive processing and motor coordination.

PHASE 4

Now your child will begin training with their lower body to further challenge and advance cognitive and motor skills.

This millisecond timing feedback is what distinguishes Interactive Metronome® from other training programs.

Your child's earlier success sets the stage for him to improve sustained focus, fine motor control, or work on specific skills like reading fluency, impulsivity, classroom behavior, coordination, etc.

The new IM Universe offers a selection of **games** that will keep your child motivated, engaged and challenged.

These games are fun for all ages, with some designed for younger children

(Monkey and Space Invaders) and others for young adults (Picture Board and Zen Garden). Additionally, the scoring in Hoops (Basketball),

Golf and Goal (Soccer) might even inspire a little friendly competition

among friends. Now, instead of just cleaning out the pantry,

your child's friends may come over and make lasting cognitive improvements!

Did someone just say "Parent of the Year"?



Here's how IM has helped other children overcome their obstacles...



Mizuki (10 years old) – Autism Spectrum Disorder

Mizuki had problems with sensory integration, handwriting, and reading and math fluency. He also had trouble keeping eye contact and would simply repeat words or make noises instead of speaking. After just two sessions, Mizuki's handwriting improved and he was riding his bike smoothly. With the help of IM-Home, Mizuki is now holding eye contact, reading at his age level and having conversations! His parents say he is a whole new boy!



Lily (9 years old) – Sensory Processing Disorder

Lily was having trouble in school, problems with coordination and difficulty tolerating certain fabrics. She was diagnosed with sensory integration dysfunction and began traditional therapy, but was not receiving services when she started IM training. Initially, her sensory issues made training difficult and she had to take breaks or alter the exercises to complete her sessions. Within a few weeks, Lily was more organized, completing school assignments and following directions. Her handwriting improved by over six years and she is back to being a kid, playing games with her friends and earning Girl Scout badges!



Emma (18 months old) – Early Intervention

Emma is a beautiful little girl who was diagnosed with Aicardi Syndrome, Agenesis of the Corpus Callosum (complete), seizures, Cerebral palsy and developmental delays. Sadly, her specialists told Emma's parents that "best-case scenario, Emma might one day sit unsupported." That wasn't good enough for Emma's parents! It took some special accommodations to complete the exercises, but after just a few sessions of IM training her father, a navy sailor, tearfully said upon returning, "for the first time ever, she knows who I am. She recognizes me when she sees me." Emma is now crawling, standing, sitting upright, eating solid foods, learning sign language and preparing for special education classes.

Aaron (12 years old) – ADHD

Aaron is a young boy from Kansas who had problems with attention and was falling behind in school. When medication didn't work, his parents followed the advice of a family friend and checked out Interactive Metronome®. Medication couldn't keep Aaron on track, but after his first day of IM training the results were obvious. His parents said his behavior changed that night, and within two months his reading percentage was up 45%. Now, Aaron is back on track and his parents have started saving for college.



Smith (13 years old) – Confidence and Self-esteem

Smith used to say he was "never very good at anything." He started using IM because he was having trouble at school and it affected his social life and self-esteem. The IM training games helped keep Smith motivated and he was soon competing with his high scores, constantly improving his timing average. Now, Smith is reading better, his grades are up and he has his confidence back!



Joanne (7 years old) – Auditory Processing Disorder

Auditory processing disorder (APD) is often undiagnosed until problems develop in school. Joanne was clearly smart, but she was missing information in the classroom and unable to complete oral quizzes. When her therapist suggested IM training, the changes in Joanne were immediate. She is playing at recess, raising her hand in class, and best of all, she got a 100% on an oral quiz! Her mom is thrilled to see Joanne engaging in church functions, hosting play dates and answering the phone, which is huge for someone with APD.



Beth (17 years old) – Cerebral Palsy

Like most teenagers, Beth just wanted to hit the road; literally, Beth wanted to drive! Unfortunately, her Cerebral palsy made driving difficult because it was hard to coordinate hand and foot controls while making split-second decisions. That wasn't going to stop Beth. At her therapist's suggestion, she began using Interactive Metronome® and a stretching routine to mimic the movement associated with driving. It was a success! Although she had been told it would take years for her to be able to drive, Beth cleared her evaluation after just a few weeks, started driver's education classes and passed her licensing test.



Interactive Metronome® is backed by over 15 years of research and has over 20 studies published in leading scientific journals that prove unbelievable, including gains in:

- Academics
- Reading Comprehension & Speech Fluency
- Handwriting
- Organization
- Behavior & Self-esteem
- Sports Performance

Check out the evidence for yourself at www.InteractiveMetronome.com

training your brain & your body to work better together.

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